

## **Lunch Box Buddies**

Ages 3-5

Pack your child's lunch and drop them off at the Kirkwood Community Center for recreational games and fun! You can spend your time lunching with friends, running errands, or just focusing on you! Class limit is 8; so sign up early!

11 a.m.-1 p.m. Thursday 3/25; 4/15; 5/13

R&NR \$5 per child



## **Junior Dance Program** Ages 3.5-5

Classes move through an imaginative dance adventure, capturing and nurturing young children's instinctive joy of movement and freedom of expression. This playful approach to learning dance promotes creativity, physical fitness and spatial awareness. Class themes such as visiting The Enchanted Castle or discovering The Secret Island, encourage class participation, focus, confidence and exploration. Children are asked to wear proper clothing including tights, leotard, and ballet shoes. Parents are invited to the last class to see what children have learned.

WI: Wed. 3/10-4/28 10-10:45 a.m.

R \$48 NR \$54

## **KidFit Mini Yoga**

Ages 3-5

This unique program develops body awareness, self-control, flexibility and coordination. Learn traditional and fun kid-specific yoga poses. Play concentration games like yoga bingo and yoga matching. The final "Yoga Show" invites parents to participate in family yoga. Participants must supply mat or large towel. Check out page 10 for information about our adult Yoga class

going on at the same time!

T1: Tue. 2/16-3/23 9:30-10:30 a.m.

T2: Tue. 3/30-5/4 9:30-10:30 a.m.

R \$86 NR \$96

## Youth Archery at Buder Park

Ages 7-15

We are joining forces with St. Louis County to provide a unique opportunity for your child! Buder North Park is located on the North outer road of Highway 44 at Highway 141 and is the perfect spot for kids to learn Archery. Kids will learn the basics of target archery. Bows and all equipment are provided. Advance registration is required.

Wednesday May 12      Wednesday May 26    4-5:30 p.m.

Saturday    June 19      Saturday July 10    9-10:30 a.m.

Residents & Non-Residents: \$5

Archery Range at Buder North Park, St. Louis County

## Young Rembrandts

Ages 6-11



In our non-competitive environment, students learn to draw or enhance their current skills. We teach art fundamentals, words and concepts. Art is all about feeling the freedom to take risks, to explore the unknown. When you are free to dream, you find the power to create! Young Rembrandts five year curriculum guarantees no lesson is repeated. All supplies included. For more information, please visit our website at [www.youngrembrandts.com](http://www.youngrembrandts.com).

H1: Thu.      2/11-3/18      4:30-5:30 p.m.

H2: Thu.      4/1-5/6      4:30-5:30 p.m.

R \$65    NR \$78

## Dr. Volleyball Instructional Courses

These courses offer the correct “dosage” of safe and age-appropriate volleyball instruction to young players. Courses are designed to provide an introduction and a fundamental, fun approach to volleyball. Accepting “patients” in 4th grade thru High School. Each course includes six weeks of instruction, under the guidance of a “phd-like” teaching staff, who focus on skill development and game play including passing, setting, hitting, serving, digging, and blocking with daily skills, drills, & scrimmages.

Wednesdays 4th-6th grades, 5:15 p.m.-6:15 p.m.

Thursdays 7th grade-High School, 5:15 p.m.-6:15 p.m.

\$100 per student

Wednesday & Thursday    1/6-2/11

Wednesday & Thursday    2/17-3/25

Wednesday & Thursday    3/31-5/6

Wednesday & Thursday    5/12-6/17

Wednesday & Thursday    6/23-7/29





### **Taekwondo for Kids**

**Ages 5-7**

Fast paced activities designed to be fun while teaching the major fundamental skills and disciplines of the martial arts. Sessions are 12 weeks. Additional fees for uniforms (\$20-\$25 depending on size) and annual

AAU membership (\$12) payable to instructor. For more information, call Willow Martial Arts at 636-296-3748.

Wednesday April 7 and Wednesday July 7 5:30-6:30 p.m.

Thursday April 8 and Thursday July 8 5:30-6:30 p.m.

Residents: \$24 Non-Residents: \$36 per session

### **Paintball**

**Ages 10-16**

Let's head to the paintball fields. Wear clothes that can get messy! Fees include transportation to and from the community center, goggles, paintball guns and 250 rounds of paint ammo. Extra ammo can be bought on site for an additional cost. (Field paint only.) You must register in person at the

Kirkwood Community Center and a parent or guardian must sign a release form in order to participate.

Friday March 19 12-5 p.m.

R \$45 NR \$50

Check out our Youth Theatre link for more information about Crestwood/  
Kirkwood Youth Theatre and Kirkwood Summer Theatre.